

info about joining the meeting

TOWN OF SURFSIDE PARKS & RECREATION DEPARTMENT **ZOOM PROGRAMS WEEKLY SCHEDULE**

IT STARTS IN

	Monday	3/29/21		Tuesday	3/30/21
Times	CLASS INFOMATION	ZOOM LOGIN INFORMATION	Times	CLASS INFOMATION	ZOOM LOGIN INFORMATION
10:00 - 11:00	Class: Toning with Weights Instructor: Marianella Age Group: Adults and Seniors Host: P&R Staff This week class has been canceled, class	Click Here: Canceled	9:00 - 10:00	Class: Morning Stretch Instructor: Marianella Age Group: Adults and Seniors Host: P&R Staff Check for email confirmation containing	Click Here: Register in advance for this webinar
	will resume on 4/5			info about joining the meeting	
6:00 - 7:15	Class: Yoga Instructor: Claudia Age Group: Adults and Seniors Host: P&R Staff Check for email confirmation containing	Click Here: Register in advance for this webinar	3:30 - 4:15	Class: Creative Time Instructor: Jessica Age Group: 8 and under Host: P&R Staff Check for email confirmation containing	Click Here: Register in advance for this webinar
	info about joining the meeting			info about joining the meeting	
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	Wednesday	3/31/21		Thursday	4/1/21
Times	CLASS INFOMATION	ZOOM LOGIN INFORMATION	Times	CLASS INFOMATION	ZOOM LOGIN INFORMATION
8:30 - 9:30	Class: Cardio and Strength Instructor: Vivian Age Group: Active Adults Host: P&R Staff Check for email confirmation containing	Click Here: Register in advance for this webinar	9:00 - 10:00	Class: Morning Stretch Instructor: Marianella Age Group: Adults and Seniors Host: P&R Staff Check for email confirmation containing	Click Here: Register in advance for this webinar
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10:00 - 11:00	Class: Zumba Instructor: Ileana/Jennifer Age Group: Adults and Seniors Host: P&R Staff	Click Here: Register in advance for this webinar	10:00 - 11:00	Class: What's your view point? Instructor: Marilyn Age Group: Adults and Seniors Host: P&R Staff	Click Here: Canceled
	Check for email confirmation containing info about joining the meeting			This week class has been canceled, class will resume on 4/8	
11:00 - 12:00	Class: Trivia Games Instructor: Stanley Flax Age Group: Adults and Seniors Host: P&R Staff Check for email confirmation containing	Click Here: Register in advance for this webinar	3:30 - 4:30	Class: Kids Zumba Instructor: Jennifer/Ileana Age Group: 6 – 12 years old Host: P&R Staff Check for email confirmation containing	Click Here: Register in advance for this webinar
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6:00 7:15	Class: Aerobics/Body Sculpting Instructor: Claudia Age Group: Adults and Seniors Host: P&R Staff Check for email confirmation containing	Click Here: Register in advance for this webinar			



TOWN OF SURFSIDE PARKS & RECREATION DEPARTMENT PARKS **ZOOM PROGRAMS WEEKLY SCHEDULE**

IT STARTS IN

	Friday	4/2/21		Saturday	4/3/21
Times	CLASS INFOMATION	ZOOM LOGIN INFORMATION	Times	CLASS INFOMATION	ZOOM LOGIN INFORMATION
8:30 9:30	Class: Cardio and Strength Instructor: Vivian Age Group: Active Adults Host: P&R Staff Check for email confirmation containing info about joining the meeting	Click Here: Register in advance for this webinar	9:00 - 10:00	Class: Yoga Instructor: Claudia Age Group: Adults and Seniors Host: P&R Staff Check for email confirmation containing info about joining the meeting	Click Here: Register in advance for this webinar
6:00 - 7:15	Class: Pilates Instructor: Claudia Age Group: Adults and Seniors Host: P&R Staff Check for email confirmation containing info about joining the meeting	Click Here: Register in advance for this webinar	3:00 - 4:00	Class: Jazz Fusion Instructor: Charles Age Group: 7 - 12 years old Host: P&R Staff Check for email confirmation containing info about joining the meeting	Click Here: Register in advance for this webinar
			4:15 - 5:15	Class: Hip Hop Instructor: Charles Age Group: 7 - 12 years old Host: P&R Staff Check for email confirmation containing info about joining the meeting	Click Here: Register in advance for this webinar